

Coaching leadership I

2026 October 29 & 30

2027 March 18 & 19



- * Get to know and optimize your own leadership style
- * Gain insight into yourself and your effect on others
- * Discover the possibilities and limits in coaching your colleagues
- * Learn to allocate responsibility where it belongs
- * Help others take more initiative and see development in your team.

Leading colleagues is great and it is pretty challenging. As a founder, lead or manager you can inspire colleagues and help them work from their strengths and talents. It is challenging because you are also responsible for achieving results. Can these go together? They certainly can, if you lead in a coaching manner.

You set the course and delegate. And it is equally important that you are a good listener, inspire others and do not judge too quickly. Especially if you lead other smart people and if your organization is growing quickly, it is important not to solve every issue yourself. You invest in your colleagues by helping them to find their own solutions, so they can grow in their job and in their role. So they feel the freedom and space to take more responsibility - and do so. This makes your individual colleagues and your team as a whole stronger. And that ultimately leads to better results and more job satisfaction for all of you.

In this training you'll find the balance between your roles. In addition, you will discover what leadership and coaching means to you and in your organization. You will explore different leadership styles and learn to use them in a flexible way. Discover what suits you and find your ideal combination!

Form

- ✳ Start conversation with trainer in the month preceding the training (online or face to face)
- ✳ Two consecutive days
- ✳ A lot of experimentation, trying out and working with your own cases
- ✳ Alternating: brief theory or model and a lot of practice
- ✳ You receive and give a lot of feedback

Thursday from 10:00 to 20:00

Develop basic leadership skills and learn how to have coaching conversations * Learn to lead conversations * Learn to deal with the tension between being a colleague and leading and coaching * Switch between roles * Experience the role of emotions in conversations and learn to work with them

Friday from 09:30 to 17:00

Practice directing and following in conversations and discussions with groups of colleagues * Learn to work with resistance * Learn to be flexible in your style and approach

Practical

By whom: Leonie de Vree

Where: In a Beachclub somewhere near The Hague

Costs: 800 euro per person, ex. VAT and accommodation (room, lunches, dinner etc., approximately 275 ex)

Do you have queries or comments?

Contact Leonie: leoniedevree@dorfl.nl 0650692091

